

VISIT OUR 1st FLOOR
KIOSK FOR
GRAB-N-GO ITEMS!




NUTRITION CARE DIVISION
GENERAL LEONARD WOOD ARMY COMMUNITY HOSPITAL
OUR DAILY SPECIALTIES



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Menu subject to change based upon availability

WEEK 3							
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	23-Oct-2016	24-Oct-2016	25-Oct-2016	26-Oct-2016	27-Oct-2016	28-Oct-2016	29-Oct-2016
GREAT BEGINNINGS BREAKFAST MENU	Fresh Fruit, Fruit Juices (V) Oatmeal/Grits (V)	Biscuit Rolls Oatmeal/Grits (V)	Breakfast Burrito Oatmeal/Grits (V)	Breakfast Sandwich Oatmeal/Grits (V)	Breakfast Burrito Oatmeal/Grits (V)	Breakfast Sandwich Oatmeal/Grits (V)	Fresh Fruit, Fruit Juices (V) Oatmeal/Grits (V)
MON - FRI 0600-0900 WKND & HOLIDAYS 0700-1000	French Toast (V) Hash Brown Patties	Pancakes & French Toast O'Brien Potatoes	Waffles (V) Hash Brown Patties	French Toast (V) O'Brien Potatoes	Pancakes (V) Hash Brown Casserole	Waffles (V) Shredded Hash Browns	French Toast (V) Hash Brown Patties
FEATURING: OMELETS MADE TO ORDER MADE FRESH DAILY	Eggs/Omelets to Order Bacon/Sausage Sausage Gravy/Biscuits	Bacon/Sausage Turkey Links Sausage Gravy/Biscuits	Bacon/Sausage Grilled Pork chop Sausage Gravy/Biscuits	Bacon/Sausage Corned Beef Hash Sausage Gravy/Biscuits	Bacon/Sausage Turkey Links Sausage Gravy/Biscuits	Bacon/Sausage Chicken Fried Steak Sausage Gravy/Biscuits	Eggs/Omelets to Order Bacon/Sausage Sausage Gravy/Biscuits
PANINI OF THE DAY	Soup of the Day	Philly Cheesesteak	Chili	Buffalo Chicken Wrap	Chili	New Orleans Style Po Boy	Soup of the Day
SOUPS	Roast Turkey	Chili	Pork Posole Soup	Chili	Egg Drop Soup	Chili	Beef Stroganoff
MID-DAY FARE LUNCH MENU	Mashed Potatoes w/ Gravy Cornbread Dressing	Mediterranean Veg Soup Spaghetti w/ Meat Sauce	Chicken Enchilada Casserole Flank Steak w/ Chimichurri Sauce	Chicken and Dumpling Soup Blackened Tilapia	Chicken Curry Beef with Broccoli	Chicken Noodle Soup BBQ Pulled Pork	Smothered Chicken Garlic Toast
WKND & HOLIDAYS 1000-1400	Home-style Dinner Rolls	Chicken Marsala	Pork guajillo	WING WEDNESDAY	Jasmine Rice (V)	Fried/Baked Catfish	Steamed Rice
FEATURING: FRESH GRILLED ITEMS WRAPS & DELI SANDWICHES	Dessert of the Day	Beef Stroganoff Breaded Mushrooms (V) Antigua Vegetables (V) Broccoli Spears w/ Cheese Garlic Bread Strawberry Cream Pie/Parfait	Steamed Corn Antigua Vegetables (V) Grilled Mixed Zucchini (V) Mexican Rice (V) Lemon Meringue Pie/Parfait	Salisbury Steak Couscous(V) Winter Blend Vegetables (V) Fire Roasted Apples (V) Wheat Dinner Roll Pecan Pie/Parfait	Brown Rice (V) Sonoma Style Vegetables (V) Garlic Fried Green Beans (V) Vegetable Egg Rolls (V) Lemon Cream Cake/Parfait	Bourbon Chicken Dirty Rice Baked Beans Collard Greens/w ham Grilled Yellow Squash Honey Corn Muffins Death by Chocolate	Dessert of the Day
Try our Vegetarian (V) Options!			TACO BOWL BAR				
							
DINNER DISHES EVENING MENU	WEEKEND MENU	Hot Specialty Soup & Chili			Hot Specialty Soup & Chili		WEEKEND MENU
MON - FRI 1600-1800 WKND & HOLIDAYS 1530-1730		Chicken Parmesan			Smothered Pork Chop		
FEATURING: FRESH GRILLED ITEMS SALADS & DELI SANDWICHES		Fire Roasted Potatoes Sicilian Vegetables (V) Wax Beans (V) Garlic Breadsticks Chocolate Mint Pie	Hot Specialty Soup & Chili Baja Fish Tacos Grilled Potatoes and Onions Grilled Mixed Zucchini (V) Midori Vegetables (V) Wheat Dinner Roll Lemon Meringue Pie	Hot Specialty Soup & Chili Open Faced Turkey Mashed Potatoes (V) Green Beans (V) Glazed Baby Carrots (V) Wheat Dinner Roll Pecan Pie	Macaroni and Cheese (V) Japanese Stir Fried Veg (V) Fire Roasted Apples (V) Home-style Dinner Roll Lemon Cream Cake	Hot Specialty Soup & Chili Fish and Chips Parmesan Potato Wedges (V) Garden Vegetables (V) Grilled Yellow Squash Dinner Roll	
		Mixed Vegetables Dessert of the Day					